HILLSDALE HIGH SCHOOL

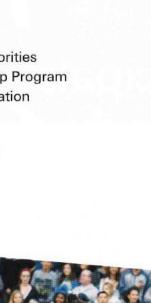


A Knight's Tale 2016-2017

Volume I - Issue I

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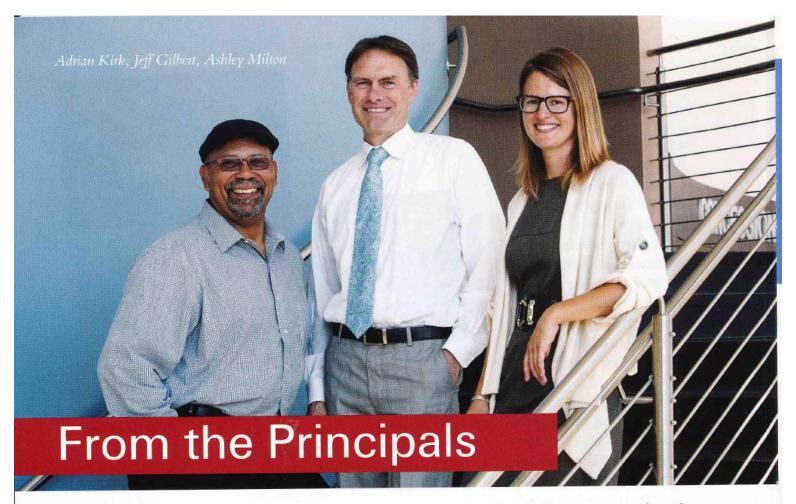




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"I have one child going to a private school and one at Hillsdale. The child at Hillsdale is by far getting the better education." - Hillsdale Parent



illsdale High School is a world class learning institution and we are proud to showcase the breadth of our excellence in this publication.

I came to Hillsdale as a social studies teacher in 1996, a time when the school was grappling with a changing student population and increasing demands to educate all students at a high level. Hillsdale responded to those challenges as well as any school in the Bay Area, spending years as a Stanford University School of Education Partnership School studying the best practices of the best schools. The results of our research were borne out in a blueprint for change that emerged in the early 2000s and envisioned excellence in every aspect of the school: academics, arts and extra-curriculars in a setting that values and supports every student.

The magazine that you hold reflects the realization of our vision, and we are both proud of the work that we have done and excited about the possibility to work with you to make the future even brighter for the school and the students who will be coming to us. At the core of our work and one of the fundamental reasons for our continued success is our commitment to four core values, which we call our Cornerstones: Academic Rigor, Personalization, Equity and Shared Decision–Making. As you read through these pages and see our students and teachers, look for examples of these Cornerstones, how we have created a school that embraces

diversity, challenges all students, creates opportunities and welcomes students into our family. For those of you who have come before us as teachers and students, we are eternally grateful for the foundation you laid for us. For those of you who are here now, we thank you for being a part of this grand experiment in re-thinking how a comprehensive high school can be done. For those of you who are about to join us, welcome, and know that we are pleased with our successes but never satisfied that we have completed our work. The best is yet to come.

Please join us in our work, as part of our growing community.

Jeff Gilbert, Ashley Milton, and Adrian Kirk

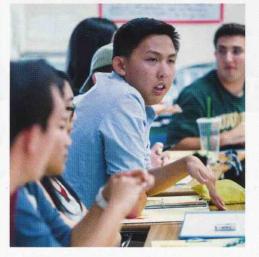
Academics at Hillsdale



The world is changing faster all the time

and these changes are creating enormous stress for our young people. Our students are preparing to enter a job market where new jobs and careers are being created all the time and Millennials will change jobs more than four times before they reach the age of 32. In order to prepare our students for success beyond high school, we are called on to provide a rigorous and engaging curriculum that would have been unthinkable twenty years ago. Around a third of our graduates

complete Calculus and 85% pass advanced Algebra, a course that was only for the most elite students in the not-so-distant past.

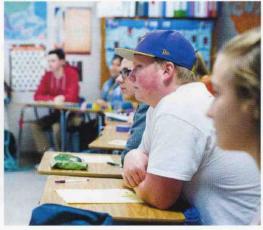


In order to realize our Cornerstone value of Academic Rigor, Hillsdale has forced itself to step back and ask what is most important for students to know and do before they graduate. We have found guidance in David Conley's research on "college knowledge", the factors that seem to best guarantee success post high school. What Conley, and Hillsdale, believes is that students need to have a base of knowledge but also a range of academic skills that cut across content areas.

Students at Hillsdale, therefore, are asked to demonstrate advanced skills in what we call our Graduate Profile: the capacity to Think Critically,

Read for Understanding, Communicate Effectively, Respect Yourself and Your Community and Understand and Apply Content in new situations. In the following pages, you will see how students are challenged and expected to demonstrate deep learning as they move through their years at Hillsdale.







Smaller Learning Communities

Modern, comprehensive high schools are deeply flawed in their design and, while many students move through a typical high school and emerge out prepared for the world, many students struggle through four years just trying to keep afloat. Hillsdale has been brave enough to recognize the need for change and has executed our redesign in such a way that our school has become a national model for school design. In 2016, for example, Schools of Opportunity out of the University of Colorado named Hillsdale the first school in California to meet its gold standard, one of only eight schools to be so recognized this year.

At the heart of our work are Smaller Learning Communities (SLCs). SLCs at Hillsdale mean that our incoming 9th grade class is divided into three smaller cohorts of approximately 110 students. Those cohorts (Kyoto, Marrakech and Florence Houses) are assigned to teams of four teachers in English, Social Studies, Math and Science and those teachers only work with their cohort and "loop" with their students for two years. The team of teachers plan together daily and each of the teachers meet with a quarter of the SLC's students each day in an Advisory period. The result is a coherent core program: 110 students who stay with four teachers for two years. At the end of 10th grade, students are shuffled and placed in to one of three Upper Division SLCsTimbuktu, Jakarta or Cusco where a new team of teachers and advisors guide students toward graduation and beyond.











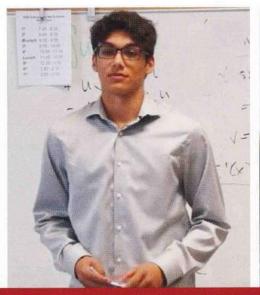
The heart of Hillsdale's Smaller Learning Communities is Advisory, a daily class that allows students and teachers to attend to many of the crucial educational elements that traditional schools so often miss. Advisory in the 9th and 10th grade will include lessons on organization and how to prepare for specific classes as well as beginning conversations on college and career opportunities. In 11th and 12th grade, advisory focuses in on senior defense preparation and post-high school options, with units on resume writing and interview skills as well.

Throughout all levels, the advisory is a community and place for students to be known well. The most basic reason for advisory is to ensure that no student slips between the cracks or goes unknown. Whether acting as counselor, tutor, shoulder to cry on or parent at school, our goal is for the advisor to help connect each student to the school.











"Given the potential for multiple perspectives, conflicting evidence or accounts, how do you weigh them and draw the most accurate interpretation?"

Senior Defense

These questions are all ones that seniors could answer during their two-hour senior defense in early March. As the 12th grade year unfolds, each student organizes a portfolio of work that reflects his or her learning over four years, develops a convincing presentation on his or her academic growth, challenges and proficiency, and selects a major content area to defend. Students meet with a teacher-coach multiple times during the year to practice and prepare and then, at a given time on the day of the defense, the student dresses up and walks into the defense arena.

The defense starts with a series of readings and content which are new to the student and an hour to read, analyze and deconstruct the information for the

"Did you access 'schema' or prior knowledge? If so, what did you already know about the topic and how did that influence your reading?" "Given a chemical reaction in equilibrium, describe how a stress to a system will affect the amount of reactants or products present."

looming defense. The second hour is spent with a panel of judges and the student opens with 12-15 minutes analyzing the just-read texts, presenting a defense of critical assignments and reflections. The panel then asks questions for about 20 minutes before gathering to assess whether the student has passed this demanding process. Many students will pass the first time and a number will need to go back for further remediation. We believe that there is no better way to ensure that students are college and career ready.

Applied Academic Class (AAC)

Hillsdale High School hosts several specialized district special education programs—students come from all over the district and enrollment is based on educational need. Our curriculum includes Applied Math, Literacy Development, Life Skills, Job Skills, and Advisory (Citizenship skills). Students also work on social and communication skills as needed. Students receive a Certificate of Participation after 4 years of high school and earn a Certificate of Completion at the district Adult Transition program for 18–22 year olds.

Although students are very busy learning in the classrooms, they participate in "hands on" learning outside the classroom as well. Students learn the skills they will need for caring for a home (class laundry room and kitchens) as well as getting community experiences (Community Based Instruction) learning travel training (walking and using public transportation), community safety and money skills while shopping for classroom cooking projects. Students work in our raised gardens in our patio area growing fresh fruits, vegetables and herbs.

Some class activities are supported by the school popcorn business, preparing and selling popcorn for sale during brunch. The business encourages pre-vocational, social, and a variety of applied math skills.

Most students are eligible for vocational services upon turning 16. Students participate in a paid supported work experience at an outside location once each week. Ross, Trader Joe's, and Petco are some of those locations. The district vocational specialist also runs a weekly "Job Club" where students learn interview and telephone skills as well as learning about positive behaviors that help to encourage being a good employee.

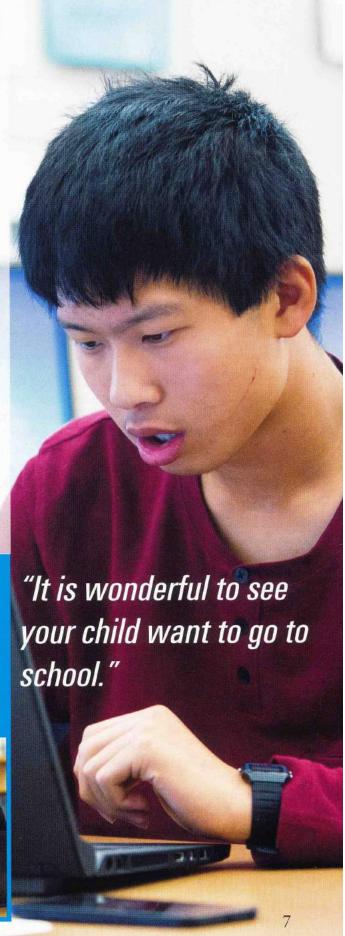


PARENT QUOTES

"The support and energy of Hillsdale's special education day class instructors make it a learning environment that the kids want to be in."

"The Hillsdale teachers are welcoming and responsive to engaging our students in the general ed environment."





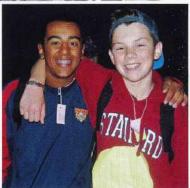


It is 5:30 am on a chilly spring morning and the troops are gathering near the battlefield on the south side of Hillsdale High School, as troops have done since 1994. The British soldiers are reviewing the training and plans that they have been developing for the past several weeks, ready to sprint in to No Man's Land and seek a passage through to the German trenches across the field. The Germans gather their weapons and bravery as they await the assault. The tension mounts: will the British break through? Who will live and who will die? Medics stand to the side. Generals monitor the preparations as well as they can, isolated and outside the direct reach of the battle. The technology isn't so great. It is, after all, 1917.

The Battle at Dawn is a rite of passage at Hillsdale, a grand reenactment of the Battle of Neuve Chapelle during World War I, and an assignment that brings smiles and memories back to upperclassmen and graduates alike. But it is far more than a morning on a field. Battle at Dawn reflects a theory of learning that has driven curriculum design at Hillsdale for many years: students learn when they are deeply engaged in important and resonant questions that have no clear answers. Learning is directly linked to emotions and the collective exploration of problems that have challenged humans for centuries: What causes conflict between groups? How do individuals experience war? How do we know which history is actually correct? Battle at Dawn requires students to read All Quiet on the Western Front and other texts from and about World War I, construct a personal narrative that could have come from an actual soldier, and understand the causes and controversies of the Great War. Learning can be intense, engaging, memorable, and deep.



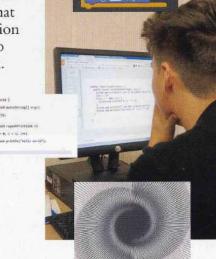




Knights' Code

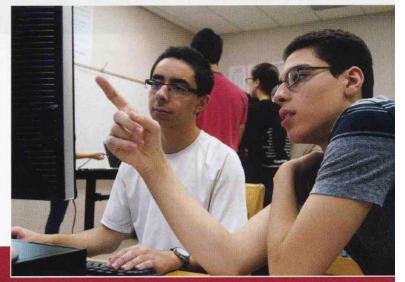
In 2015 the Hillsdale community came together to establish a computer science pathway that introduces students to computer languages including Python and Java. Help to get the program off the ground came from all corners of our community: The Hillsdale High School Foundation supplied 35 Dell laptops, the PTSO & alumni association helped recruit volunteers, the administration and district supported sections and training, and TEALS trained industry professionals to co-teach.

Together we have built a foundation for a successful and sustainable computer science program that spans an introduction to programming to college-level work.



A community coming together to offer new educational opportunities





STUDENT QUOTES

"I'm excited about taking Computer Science because last years class was so interesting and I want to hopefully take this in college. It's a good thing that HHS is offering an AP CS class because it gives more exposure to the types of things we would be learning during a college course."

"I'm looking forward not just to learn the syntax of Java, but also to be able to solve challenging problems using Java language. I want not just to memorize the common things in Java, but to understand how and why certain things work that way. I really want to take an early start in learning Java, because I'm planning to be majoring in Computer Science in college. I'm really glad that HHS offers an AP Comp Science course."





The National Education Policy Center (NEPC), based at the University of Colorado Boulder, sponsors the Schools of Opportunity project, which identifies excellent public high schools that actively strive to close the differences in opportunities and resources that drive the well-known achievement gaps.

Hillsdale High School in San Mateo is one of only 20 schools from across the country and the first ever gold medal recipient in California—to receive recognition as a "School of Opportunity," a coveted national designation honoring excellent public high schools that engage in practices that build on students' strengths and create supported learning opportunities for all students.

"Hillsdale's strong, student-centered culture particularly stood out to the national team of reviewers," said Carol Burris, School of Opportunity project co-director. "Given the tremendous work that Hillsdale's educators put into this, it is no surprise that Hillsdale ranked in the 99th percentile for school climate among California schools."

The recognition is the result of many years of school redesign and it reflects Hillsdale's commitment to four Cornerstone values: Equity, Personalization, Academic Rigor and Shared Decision-Making. Hillsdale is pushing the boundaries of what a comprehensive public school can do to reach and serve a diverse community and has become a national model for this work. "Pleased but not satisfied" notes Lead Principal Jeff Gilbert, "we are very proud of the work we have done and are doing and we look forward to being even better next year and the year after. Becoming a School of Opportunity is a tribute to the work of many people, from teachers to classified staff to parents. We are creating something truly great."

New Academic Building







here is a new building rising on the south side of the Hillsdale campus, growing off of the Del Monte St. parking lot and preparing to host a new generation of science and world language students as soon as the spring of 2017. This facility was made possible through the generous voters of San Mateo County and the passage of Measure O, which set a parcel tax to provide for the schools of the district. Increasing enrollment, caused by growth in San Mateo and Foster City, created the need for additional classroom space and the land at Hillsdale was the most attractive in the district. Increased demand for spots at Hillsdale and a growing wait-list to get to become a Knight let us know that we would be able to fill the classrooms when they are ready.

hen the construction is complete, students will walk in to ten state-ofthe-art science classrooms and labs, six rooms designated for Spanish, Mandarin and American Sign Language and four additional rooms for electives, including Child Development. The building will feature spacious walkways and a large meeting room with floor-to-ceiling windows looking out over the softball field and out toward the Bay. The old and under-sized science labs will be renovated during the summer of 2017 and turned into large classrooms. We know that the learning environment matters and Hillsdale is anxiously awaiting an incredible upgrade to the spaces in which our students will learn. A world-class building for a world-class school.



Student Life at Hillsdale Become a Knight!





Leadership & Student Life

Our campus is constantly busy with events organized by our student leaders. Our goal as ASB is to create a positive student life and Knight PRIDE on our campus. To ensure a well-rounded student experience, we are committed to providing limitless opportunities for students to make the most of their time at Hillsdale High School by supporting their intellectual, physical and emotional development. At Hillsdale High School we understand that student success is not solely defined by academic achievement. Through clubs and activities, leadership and service, and a dedicated faculty and staff, students at Hillsdale High School grow as individuals, embrace diversity and learn to engage in their communities.

The ASB/Leadership class plan a number of events to help foster school spirit including school dances, rallies, spirit days, and spirit events. Several of the ASB sponsored events include both on and off campus service opportunities. Each student is enrolled in the leadership class and in addition to planning events, students learn fundamental leadership skills that can be applied to life after Hillsdale.

Meet the Hillsdale Effect

The Hillsdale Effect was created in 2009, when a group of students and their English teacher, Greg Lance, began to study "vicious cycles" of poverty in relation to literature like The Grapes of Wrath and The Kite Runner. Their interest in doing something tangible to break these cycles in "the real world" coincided with an offer from San Mateo Rotarians, Brian Sullivan and Don Leydig, who is also Hillsdale's former principal. Brian and Don were seeking to begin a joint student-Rotarian venture to support the work of a microloan non-profit started in Guatemala by local Rotarian Bob Graham. The non-profit, Namaste Direct, provides both low-interest, short-term loans, and quality business education and social support for its loan recipients. More recently, the club has expanded to include students from Middle College, where Greg now teaches, and new Hillsdale campus advisors, first Marty Roberts, and then Sarah Press. The trifold combination of passionate, dedicated students, service-minded adults, and an incredible, locally-based non-profit organization has created big results through the Hillsdale Effect.





Beyond our work fundraising for Namaste Direct through events such as the yearly Penny Wars inter-advisory competition, our club collaborates to learn about global development issues and local and international poverty. Students lead workshops for each other about the logistics behind microfinance; we volunteer with and learn from local anti-poverty organizations such as Samaritan House and LifeMoves; we hear speakers on topics ranging from human rights in Guatemala to leadership development. Our club has become a place where students can learn about the world, and also learn about their own ability to impact that world in positive ways. We love educating our Hillsdale community and beyond through speaking engagements! With over 40 active members and dozens of alumni still committed to this work, we continue to grow and learn together. You can learn more about our club and our current events at our studentproduced website, hhseffect.wixsite.com/the-hillsdale-effect.

We joke that Hillsdale Effect is a "student club that does something," but it's not just a joke. In the seven years since The Hillsdale/Middle College Effect was created, the club has raised \$51,150 to provide microloans and business training for over 86 women in Guatemala. In addition, students fundraise to support annual poverty study tours to Antigua, Guatemala and the surrounding villages to meet the loan recipients, observe the business education in practice, and to learn first-hand about the challenges and successes of the impoverished women we fund. So far, 72 members have had this experience, which many students have described as "life-changing" and inspirational. Alumni from the early years of this club are just starting to begin careers after graduating from college, and this special network includes young people who have remained committed to giving back to the local and global community.



The Hillsdale Mock Trial Team has



had tremendous success since its founding in 1992. Over that stretch, Hillsdale has been able to win 14 straight county championships, reach four state finals, and win a California state championship in 2010. For students, it is a rare opportunity to combine both academics and team bonding. Students who participate in mock trial must think critically and collaborate in a challenging and demanding environment.

At Hillsdale, our Mock Trial team takes their opportunity to showcase their skills seriously. Each

year we scrimmage and compete against the best teams in the state. Annually, the team travels to Santa Barbara where we compete against top-level competition in preparation for the competitive season which begins in January.





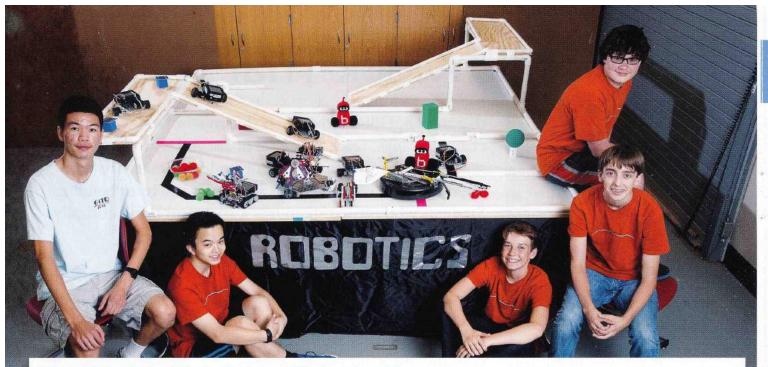
Though the time commitment can be significant, and the competition intense, the experience is both riveting and fulfilling. It teaches advanced analytical ability, critical thinking, public speaking, presentation skills, the basic content and processes of our legal system, and self-confidence. The skills mock trial requires are the same skills that students will use for the rest of their lives. And though the individual skills students will acquire are invaluable, mock trial also allows members to experience the demands of team competition, and requires intense collaboration, often among students of various cultures and interests. Indeed, because it is a performance-based academic

experience, it is one that is not

often available in otherwise challenging academic courses, included advanced AP courses.

But most importantly it is extraordinarily fun. The experience of mock trial can forge meaningful, lifelong friendships, and is often students' fondest high school experience.





The Hillsdale High School Robotics Team is an organization that builds robots to compete in the annual Botball robotics competition. The students construct the robots from an assortment of aluminum plates, servos, motors, and Lego Technic pieces. In addition, they must program the robots to complete the tasks using the C programming language.

The Botball competition consists of a game field which the robots must navigate in order to score points. Points are scored by moving game pieces to designated areas of the field. The field and tasks change each year, so new robot designs and programs must be created each time. The robots are autonomous, which means that they must be programmed to complete the tasks on their own and are not remote controlled. This adds a level of complexity not found in other robotics competitions.

The Hillsdale Robotics Team was formed in the 1997-98 school year and participated in the very first Botball competition. While the team has had its ups and downs over the course of its 20-year history, it has recently become one of the top Botball teams in the world. Due to the efforts of several dedicated members, the team finished sixth place in the world at the International Botball Tournament of 2016 and gained district-wide recognition for its achievements.

Interested students do not need prior experience in robotics to join - just a willingness to try new things, think outside the box, and cooperate with others. Veteran members introduce new members to all of the skills they need to be an effective part of the team. They are constantly available to answer questions and give guidance. In addition, new members are encouraged to self-direct their learning by reading the documentation and experimenting with different designs and programs.

The team's year is broken up into two halves. The first semester is spent training new members and developing their skills in robotics. Veteran members also work on off-season projects at that time. At the start of the second semester, a new Botball challenge is released and the new season

begins. All club members then apply what they've learned to build and program robots for the Northern California Botball Regional Tournament. It is held in April at the NASA Ames Research Center. After the regional tournament, the team looks forward to the International Botball Tournament held over the summer.

Members of the Hillsdale Robotics team learn much more than engineering and programming skills. They also learn valuable teamwork skills like time management, communication, and leadership. The team offers Hillsdale students a deep, real-world engineering experience and is a valuable part of the Hillsdale community.



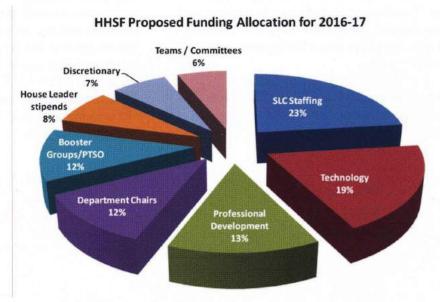


SMALL LEARNING COMMUNITIES

The Foundation was created in 2009 with the primary purpose to support and sustain the Small Learning Communities (SLC). Since then the Foundation has successfully offset district shortfalls by raising money through donations from families, alumni, community, and corporations to ensure that Hillsdale's unique SLCs continue to flourish. In addition, the Foundation continually strives to fund other top priorities of the school, as defined by the school's site council.

The following are the top funding priorities for the school:

- Small Learning Community (SLC) staffing
- Professional development and collaboration of teachers
- Technology: computer carts, digital photography, science software and equipment
- Grants to Dance, Drama, Music, Athletics Booster Groups & PTSO
- Funding to department chairs, house leaders and assessment committees



THANK YOU to our Parent, Alumni, Community, and Corporate Donors. We are extremely grateful for your contributions. Toether we can continue to make BIG THINGS HAPPEN at Hillsdale High School.

For list of HHS Foundation Donors 2015-2016 visit hillsdalefoundation.org/be-a-donor

HHS Foundation's Top Funding Priorities

Collaboration & Professional Development



Hillsdale invests heavily in our teachers and staff to ensure they have the time and space to develop collaborative working relationships and create a truly great school. This past summer, for example, over twenty-five staff members met to consider and discuss equity issues in education and design advisory curriculum that addressed race, gender and other topics related to equity in our community. Advisory teams met over the summer to welcome new staff members and prepare curriculum and activities.

Teacher teams met in advance of the school year to pre-plan lesson units and projects. Teachers attended Google training and a weeklong workshop on English instruction hosted at Stanford University. School was out, but there was a lot happening at Hillsdale this past summer!

One of the Foundation's greatest gifts is providing the funds that ensure our teachers have opportunities to improve their craft and the culture of Hillsdale.

Computer Science



According to TEALS, an industry-based support network for schools teaching computer science, only 25% of high schools offer formal computer science programs. In 2015-16, Hillsdale High School joined those ranks with the support of the Hillsdale High School Foundation, which purchased a mobile cart with 35 Dell laptops to allow students to learn Python, Java and other computer languages. TEALS sends in volunteers to work with our teachers and students and the success of the program has resulted in the creation of an Advanced Placement Computer Science section in 2016-17. Thanks to the Foundation for the support-- without the computers, there would be no computer science.

Grants to Booster Groups

Every year the Foundation raises money to pass along as grants to our Dance, Drama, Music, and Athletics Booster Groups as well as the PTSO. This year additional funds have been set aside for other clubs. Contributions to the Foundation benefit all the boosters. Last year \$30,000 in grants were awarded to these groups to enhance their programmatic offerings.





All for One. One for All.

TOGETHER, WE CAN MEET OUR GOAL!

Family Partnership Program Hillsdale High School Foundation www.HillsdaleHSFoundation.org



You Can Make a Difference!

We ask current families to try and give \$500 per child but we are very grateful for any amount you feel comfortable giving. A gift of any size can make a real difference in the educational experience of every Hillsdale student. Every dollar you give stays at Hillsdale, and all gifts are tax-deductible as permitted by law. There are many different ways to give, and you are invited to participate at whatever level is possible for you.

FAMILY PARTNERSHIP PROGRAM (FPP)

FPP is aimed at families of current students, but is open to all. Following are the FPP donor levels:

MAJESTY \$5,000+

Receive all the benefits of the Royalty level, plus a choice of:

- 1 engraved brass seat plaque in the auditorium or Little Theater, OR
- 1 engraved Stadium Walkway brick

ROYALTY \$2,500

Receive all the benefits of the Duke level, plus:

- 1 engraved brass seat plaque in the Little Theater

DUKE \$1,250

Receive all the benefits of the Count level, plus:

- 1 HHSF-branded logo item (up to a \$100 value)
- 2 additional tickets to a Hillsdale athletic game or VPA performance of your choice

COUNT \$850

Receive all the benefits of the Knight level, plus:

- 2 tickets to a Hillsdale athletic game or VPA performance of your choice
- Enhanced recognition on a commemorative plaque in Sir Cedric's Court

KNIGHT \$500

Recommended contribution amount per student. Your tax-deductible donation will be recognized by HHSF on a commemorative plaque in Sir Cedric's Court.

FPP DONATE ONLINE: FPP DONATE BY MAIL:

Make a secure online donation with a credit card at http://hillsdalehsfoundation.org/be-a-donor/Mail a check made out to the Hillsdale High School Foundation to 63 Bovet Road, Suite 218, San Mateo, CA 94402.

Hillsdale High School Foundation is a 501(c)(3) tax exempt entity which supports academic excellence, booster groups and other activities at Hillsdale High School.

Dear Alumni,



"Once a Knight, Always a Knight." We now number over 20,000 Hillsdale alumni from the first graduating class of 1957 to this year's 2016 class.

To better serve our alumni community, the Hillsdale High School Alumni Association (HHSAA), founded in the early 1990's, has now reorganized with the institutional stability and under the 501(c)(3) umbrella of the Hillsdale High School Foundation.

The HHSAA Steering Committee functions as a committee of the Foundation, and its members are Class Connectors who serve as liaisons to their graduating classes. New Class Connectors are always welcome.

To better communicate with our alumni, we recently published the 4th edition of our Alumni Directory and launched our new HHSAA website. . . WELCOME!

The website allows everyone to join the Alumni Association (IT'S FREE!), register online for the 21st annual Olde Knights' Luncheon (December 3, 2016), and obtain information about and register for the 3rd annual Hillsdale High School Hall of Fame event (May 5, 2017).



The Hillsdale High School Alumni Association Website - hillsdalehsalumni.org

An Alumni Association Newsletter, Sir Cedric's Chronicles, is published several times a year and support is provided for class reunions. You can also communicate with Hillsdale Alumni by going to our Facebook Page and our Facebook Group.

OUR MISSION

- to reach, serve, and engage all Hillsdale alumni and their families
- to foster a life-long connection between Hillsdale and its graduates
- to provide Hillsdale with goodwill and support

Looking forward to a year of activity with the Hillsdale Alumni and Hillsdale High School,

> Your HHSAA Steering Committee



HILLSDALE HIGH SCHOOL

HALL of FAME

The Hillsdale High School Hall of Fame annually recognizes outstanding members of the HHS community who have brought credit and honor to themselves and Hillsdale High School. Their public example will hopefully inspire current and future students to perform and serve in the same spirit.

Save the Date! HHS Hall of Fame Ceremony May 5, 2017

Do you know a worthy candidate?

Nominees may be in any of the following fields:

Arts and Entertainment

Athletics

Business and Professional

Community Leadership

Education

Humanitarian and Service

Medicine and Science

Politics

Scholarship

Special Considerations

...and must meet the following requirements:

Nominees must be graduates, parents of graduates, or former faculty or staff members of HHS.

Nominees become eligible for selection ten years following graduation or five years after leaving the employ of the SMUHSD.

Teams may be nominated for extraordinary accomplishments ten years following graduation.

Nominations for posthumous awards will be considered.

More information, pictures, videos, and nomination forms are at hillsdalehsalumni.org.





2015 inductees to the Hillsdale High School Hall of Fame



Michael McGinnis [HHS '62] Mike is a physician, epidemiologist, and longtime contributor to national and international health programs and policy, including continuous policy responsibilities for leadership in disease prevention and health promotion through four Administrations (Carter, Reagan, Bush, Clinton).

Don Leydig [HHS '63] Don taught and served as an administrator in the SMUHSD, completing his career as Hillsdale's principal from 1989–2005. Beginning in 2002, Hillsdale became a nationally recognized model for its conversion to Smaller Learning

Communities. Don has helped develop the Hillsdale Foundation and the Hillsdale Alumni Association.

Dick Vermeil [HHS '60-'63] Dick coached football at Hillsdale, winning the 1961 PAL Championship [Championship team members were recognized at the HOF event.]. Vermeil was named "Coach of the Year" in NCAA Division I [UCLA '75] and the National Football League [Philadelphia Eagles '78 & '79, St. Louis Rams '99 Super Bowl XXXIV Champions, and Kansas City Chiefs '03].

John Holdren [HHS '61] John served as Director of the Woods Hole Research Center and is currently senior advisor to President Barack Obama on science and technology issues through his roles as Assistant to the President for Science and Technology and Director of the White House Office of Science and Technology Policy.

2016 inductees to the Hillsdale High School Hall of Fame



John Hazelhurst [HHS '78] John served in the US Air Force for 20 years, specializing in aircrew life support and pressure suits for high altitude aircraft (U2 and SR71). He then became a NASA contractor for the Shuttle program serving as an insertion technician on closeout crews and working

directly with astronauts as the "last man out" on numerous Shuttle flights, including the ill-fated Columbia mission in 2003. He is a recipient of the NASA Space Flight Awareness Honoree Award. Currently, John continues his work with life support systems for the WB57 aircraft, a high altitude scientific platform for the NASA Airborne Science Program.



Nick Vanos [HHS '81] Nick was twice the CCS leading scorer and twice the SM County Player of the Year while at HHS. He then attended Santa Clara University where he was twice named 1st team all league and invited to the 1984 Olympic Basketball Trials. In 1985,

Nick was chosen by the Phoenix Suns as the 2nd pick of the 2nd round. Tragically, following the '87 season, Nick was killed in an airliner crash at the age of 24.



Valerie Fleming [HHS '94] Valerie became involved in two women bobsled in 2003 as a pusher/brakeman. Over the next 8 years she earned 21 World Cup Medals, 3 World Championship Medals, and a Silver Medal at the 2006 Winter Olympics in Turin. She is now the coach/manager of

the U.S. Bobsled and Skeleton Development Program.



Bill Wilkin [HHS '64-'03] Bill served as a PE Teacher, Athletic Director, Frosh-Soph Baseball, Frosh-Soph Softball, and Frosh-Soph and Varsity Basketball Coach. Over 30 years as Varsity Basketball Coach, his teams won 493 games, captured 8 league titles, were CCS runner-ups in '86-'87, and champions in '95 and

'97. The '97 team was the Northern California Champion and finished as California Division III runner-up. Bill was named CCS Coach of the year in 1989, was inducted into the San Mateo County Sports Hall of Fame in 2006, and has been honored by Hillsdale's naming of the "Bill Wilkin Court".



Olde Knights Luncheon

Did you graduate from Hillsdale at least 25 years ago? Join us this year on December 3rd for the 21st Annual Olde Knights' Luncheon.

For the past twenty years, the alumni have hosted an "Olde Knights' Luncheon" on the first Saturday of December at the San Mateo Elks Club. To qualify as an Olde Knight, you must have graduated from Hillsdale

High School between the years of 1957 and 1991. Teachers and staff members are also included. Spouses or significant others are not included unless they too attended HHS. This is not a typical high school reunion. You will be able to visit with friends on either side of your class, meet new friends, and chat with some of your former teachers.

Inspiration for this event originated with Keith Gordon, industrial arts teacher and coach, following his attendance at a number of Old Alamedans' Luncheons, an east bay tradition for over 80 years. Keith started this luncheon with the help

Class of 1961 at 2015 OKL

of counselor and coach, Homer Zugelder, retired industrial arts teacher and coach, Chuck Borrecco, and Hillsdale principal, Don Leydig ('63), along with other faculty and alumni. Linda McDonald Risdon ('64) suggested making this event available to all who graduated. (It seems Old Alamedans are only male!).



The OKL has grown dramatically from its first year's attendance of under 100. In recent years more than 350 Olde Knights have enjoyed the company of faculty and classmates in the casual atmosphere of the luncheon and no-host bar. Please continue to tell fellow classmates to register so that we can add to our list of over 1,500 Olde Knights. The Class of 1991 will join us this year! For more information, to view pictures of past Luncheons, and to register for the 2016 Luncheon, go to

Hillsdalehsalumni.org

The Hillsdale High School Alumni Association, operating under the umbrella of the Hillsdale High School Foundation, is proud to support today's

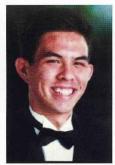
Hillsdale Knights as an important part of our mission.

Over the nine-year life of the HHSF, Hillsdale alumni have contributed an average of \$50,000 per year in restricted and unrestricted funds. This past year's donations totaled \$51,000, including \$14,000 for a mobile computer lab, \$14,000 for the After School Study Program in honor of alumnus Mike Abbott, and \$5,000 in scholarships memorializing past Hillsdale principal, Paul Armstrong.

Keith Gordon Memorial Fund

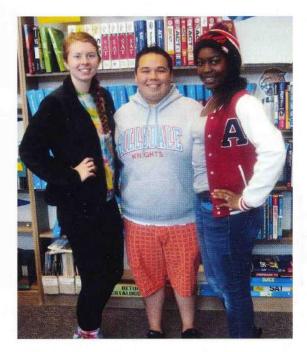
To honor Keith Gordon, the Alumni Association has created the Keith Gordon Memorial Fund, and all Olde Knights' donations are contributed to designated named scholarships for Keith, Homer Zugelder, and Rich Mazzoncini, in addition to projects identified by Hillsdale.





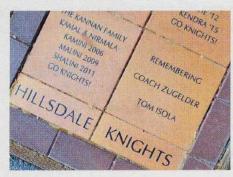


Olde Knights Scholarship Winners 2016: Claudia Gutierrez-UC Davis-Rich Mazzoncini Matt Kawakami-UC San Diego-Keith Gordon Marlen Gutierrez-UC Davis-Homer Zugelder



Olde Knights Scholarship Winners 2015: Amanda King-Sonoma State-Rich Mazzoncini Eduardo Perez-SF State-Keith Gordon Adesia Cotton-SF State-Homer Zugelder

TRIBUTE GIFTS

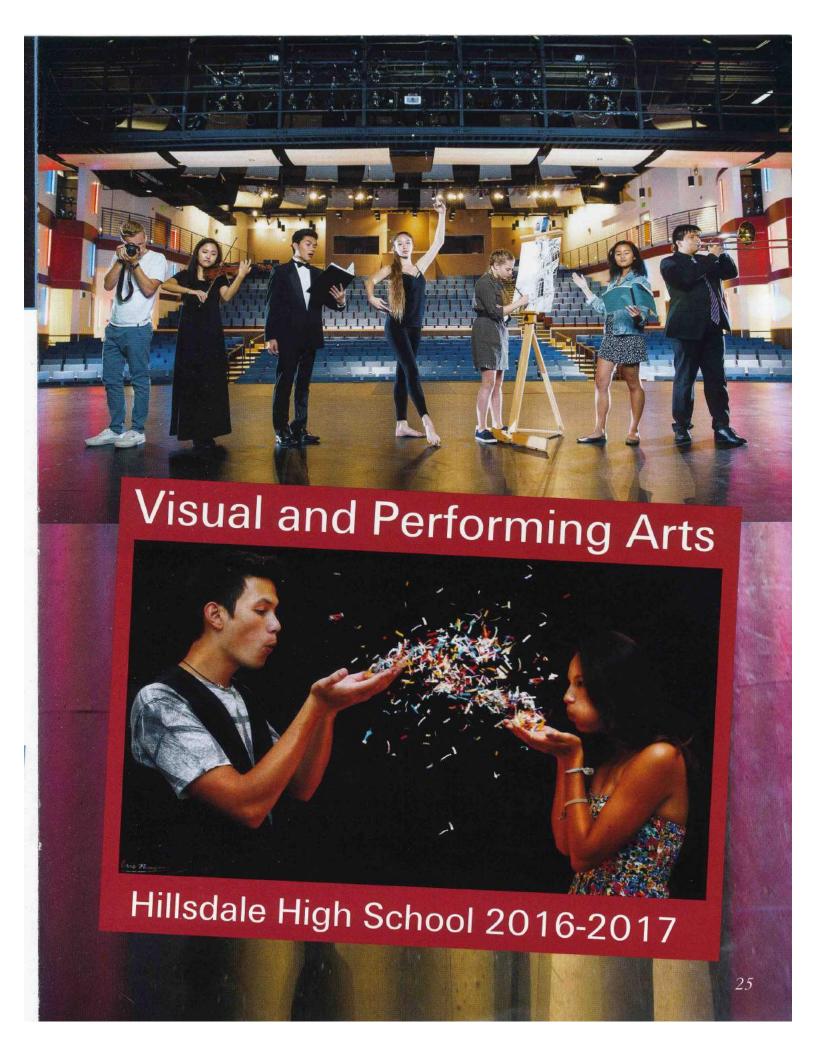


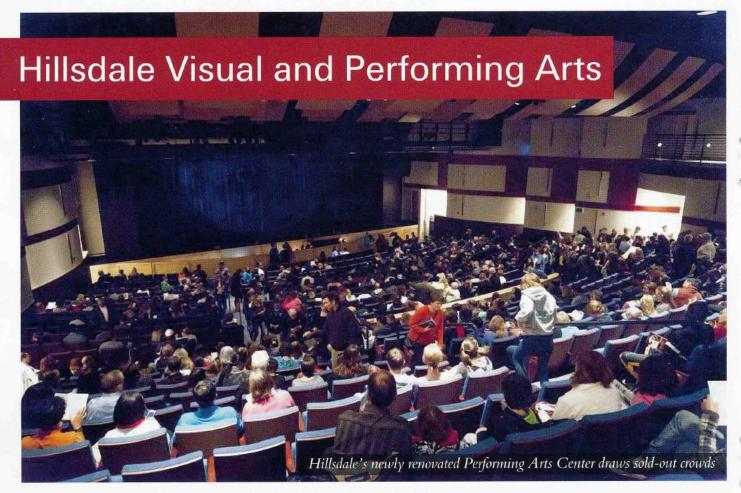
You may also honor a teacher, staff member, or your student with a tribute gift, theater seat plaque or walkway brick in his or her name.

Please visit hillsdalehsalumni.org/get involved

hillsdalehsfoundation.org/be-a- donor







illsdale's acclaimed Visual and Performing Arts Program prides itself on a sense of community and draws collegebound teens highly talented in the arts. Students train four-twenty hours per week in state-of-the-art facilities, and may choose between the following courses: visual art, vocal and instrumental music, dance, drama or digital photography. Young artists' technical abilities and personal vision are developed through the study of a variety of traditional and contemporary media. Creative problem solving, critical thinking and a broad range of experiences build the foundation for deeper understanding, advanced learning and innovation.

Students have opportunities to

shine in a variety of ensembles and venues. Last year, student productions included sold-out dance performances, three fully staged drama productions, one professional gallery exhibit, three improv shows and 14 concerts. Hillsdale VPA Alums have gone on to attend excellent arts colleges, including Pratt, NYU, Cornell, Ex'pression, Chapman, Cal Arts, UC Berkeley, UCLA, Northridge, Wesleyan, UC Santa Barbara and North Carolina School of the Arts. Many of our alums now work professionally in music, dance, theater, film and TV.

Hillsdale's VPA faculty includes

full-time teachers and visiting guest artists. Collectively, we offer decades of experience as artists and educators and we are dedicated to helping high school artists achieve their potential. Each year, we help students find opportunities to showcase their work and earn awards, recognition and scholarships. We also have indepth knowledge of arts colleges and post-secondary programs and help guide students toward opportunities that are best suited for their goals. All of us are still active in our industries, enabling us to offer our young artists training in both classical and modern styles and techniques.

Creativity, Rigor, Excellence







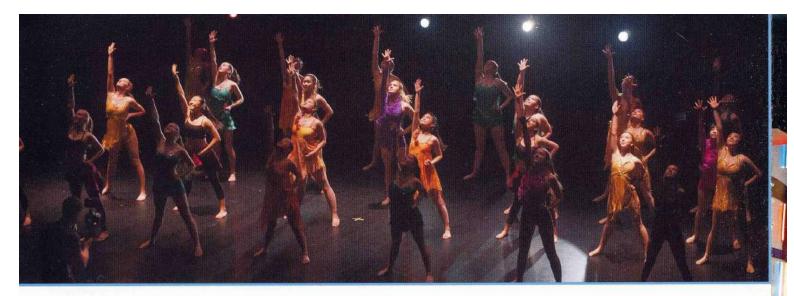






Hillsdale High School





KNIGHT MOVES is representative of a continuously growing love for the art of Dance at Hillsdale High School. Our program is built upon the

common goal...to be the best that we can be.

standards of dance education, set forth by the state of California and enhanced by our dance director/instructor, Sabrina Braccini's experience as well as the expertise of other Bay Area dancers and educators. Hillsdale High School is not a school that only offers dance as an elective, it is a place where talents are discovered, dancers are created and everyone shares a

Both within our sequential core classes and within our performance group, our vision remains the same year after year. Our goal is to develop the dancer as a whole through artistic expression, exposure to multiple forms of dance, provide a sense of belonging to each individual in the group, and to connect with the surrounding community. Our goal is to develop the dancer as a whole. Our hope is that each dancer take with them a better understanding of themselves and the arts after they leave our program.

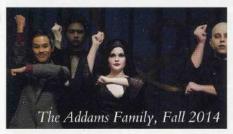
Education has long been a corner stone of the Hillsdale program. Students are required to maintain a specific grade point average. Not only do we promote academic education, but we strive to educate our dancers through the art and expression of movement. The growth of the individual is in direct harmony with the development of the dancer's ability. The more confident and self-assured they become, the more they excel in ability and performance value.

The ensemble is an audition based group. Dancers selected demonstrate a specific skill level which contributes to the professional standards we strive to achieve. The group rehearses year round, four to five days a week. The Ensemble is provided numerous performance opportunities but our main focus is our Spring dance concert, Knight Moves. Knight Moves is approaching our 20 year anniversary.



Hillsdale Drama

Hillsdale Drama educates the artists, scholars, teachers and entrepreneurs of the future. Through challenging coursework and guidance from experienced teaching artists, students train in all aspects of theatre. Students are prepared with skills, instilled with

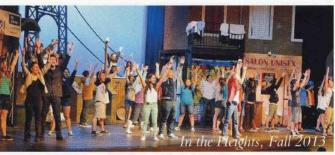


Hillsdale Drama cultivates a deep and lasting appreciation of the theater through a comprehensive program of community and cultural engagement, educational opportunities, and performances. We nurture and inspire diverse artists, audiences, and arts advocates of all ages



One Acts, giving students a chance to explore a wide variety of repertoire and roles. Recent productions have included "RENT", "In The Heights", "The Addams Family", "The Outsiders" and "To Kill a Mockingbird".





More information about our performances and training program can be found at hillsdaledrama.com.



passionate enthusiasm, and emboldened to challenge and inspire the world through the power of the performing arts.

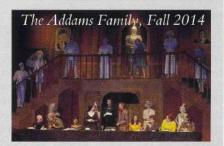


by connecting external communities to Hillsdale's exceptional students and rich artistic resources. Each year, we present three fully staged productions, including a Fall Musical, a Spring Play and a weekend of Student Directed

Fiddler on the Roof, Fall 2010

Drama Boosters

Hillsdale Drama is supported by the generous parents and other members of the community. Join the Drama Boosters and help support our wonderful drama program. Your financial support will help us fund our shows this year. Our program is almost completely self-funded, so every donation—large or small—is important. No need to have a student in the cast or on the crew—all with an interest in the drama program are welcome. We are not just a Drama program, we are a family!



Drama Booster Board 2016-2017

President - Pamela Canter Vice President - Nancy Carroll Secretary - Annette Vanos Treasurer - Angela Comstock

Drama Booster Meetings 2016-2017

Please join us! The Drama Boosters meet in the Little Theater's Green Room on the following Tuesdays to discuss production for upcoming Hillsdale Drama events:

September 6 January 31
October 5 February 21
November 8 March 14
December 13 April 11



Drama Classes

Hillsdale Drama offers a sequential theater training program taught by Allison Gamlen, a theater educator who has decades of experience as a director, designer, dancer and professional actor. In addition, guest teachers from Bay Area Theater Sports, Theatre-Works and the San Francisco Shakespeare Festival are invited in to coach students in playwriting, improv and various acting techniques.



Acting training is Meisner, Spolin and Stanislavsky-based and incorporates techniques designed to help students explore the full potential of their own unique resources. Students interested in design and production have opportunities to join our stage crew team and receive pre-professional training in all aspects of technical theatre. When students leave Hillsdale Drama, they have a broad range of experiences and are prepared for success in any university, conservatory or professional theatre.

Beginning Drama / Drama 1-2

A full year of Beginning Drama meets the fine arts requirement for graduation and the CSU and UC requirements for admission. The class introduces the student to beginning acting techniques and theatre appreciation. The course is organized into five areas: Artistic Perception, using the language and skills of theatre, Creative Expression, creating theatre to communicate meaning and intent, Historical and Cultural Content, examining the key figures and historical periods of theatre and the role theatre plays culturally in the world, Aesthetic Valuing, analyzing theatre for meaning and intent as well as its ability to communicate effectively, and Connections, Relationships and Applications, developing lifelong skills such as creative problem-solving and planning for college and careers in the theatre, the arts, the communications and entertainment fields. Drama 1-2 includes: Team work, relaxation, concentration, movement, voice, play analysis, acting, improvisation, character analysis, performance, scene work, monologues, audition/interview skills, theatre vocabulary, theatre history and play reviews. The curriculum is aligned with the California Visual and Performing Arts Standards.



Intermediate Drama / Drama 3-4

Intermediate Drama is a theatre class for those students who have enjoyed and passed Drama 1-2 with a "B" or better. Incoming freshman with at least 2 years of theater experience are invited to audition for this class in May. A full year of Intermediate Drama meets the CSU and UC requirements for admission. It is designed to build upon past theatre experiences and enhance skills. The class is aligned with the California State Standards, including the five areas listed above in the beginning class

description. Intermediate Drama will cover ensemble work/team work, movement, voice, scene and play analysis, scene work including an emphasis on objectives, obstacles, and acting techniques, improvisational skills, character analysis and performance, monologues, audition skills, career paths and theatre history.

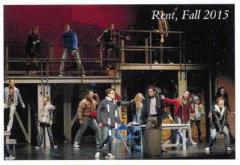
Advanced Drama / Drama 3-4

Advanced Drama is an audition-only theatre class for those students who have enjoyed and passed Beginning or Intermediate Drama with a "B" or better. A full year of Advanced Drama meets the CSU and UC requirements for admission. In this intensive course, actors develop a deeper understanding of theater and production from different cultural and historical perspectives and build upon past theatre experiences. The class is aligned with the California State Standards, including the five areas listed above in the beginning class description. Advanced Drama will strengthen and enhance skills in ensemble work/team work, movement, voice, scene and play analysis, scene work including an emphasis on character development and emotional truth, improvisational skills, character analysis and performance, audition skills, career paths, designing, directing and playwriting with an emphasis on performing original work. Students participate in the Young Playwrights Project with TheatreWorks each Fall, and produce Student Directed One Acts and original musicals each Spring.

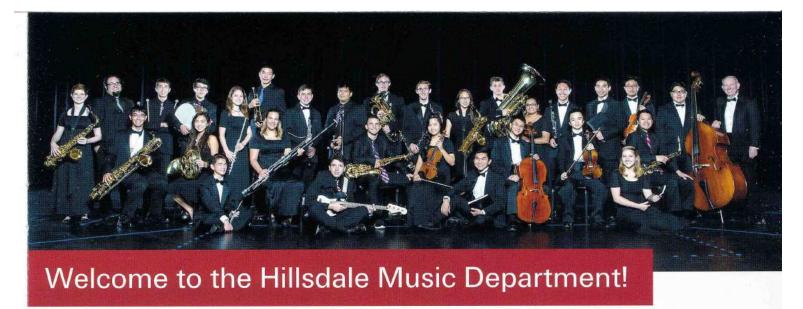












O ver 350 students have already chosen to be a part of something great and we continue to grow each year. Come join in the excitement!

The enthusiasm of music students is very evident in each of the student's attitudes. Hillsdale students are here because they that want to be here to make music with other interested students. They want to accomplish something at a high level of excellence and in the process they are able develop lasting friendships and have fun! Music at Hillsdale is something uniquely different from any other class. When you say you are a member of a music ensemble at Hillsdale you are looked upon with respect and the music students feel a sense of pride in the program and their accomplishments.

The music program at Hillsdale appeals to students of all varying abilities where everyone is welcome and appreciated. You might be a beginning student who is just starting in music or you might be someone who was involved in music in the past, stopped and would now like to pursue your passion again. Perhaps you are already an advanced player or singer who would like the opportunity to perform top high school and collegiate level literature in a professional performance setting. The Hillsdale music department is a place that works with everyone to help make their dreams a reality. We believe you will remember your time with the music department fondly for your entire life.

The program is led by two of the most prolific music educators in the state whose combined teaching experience totals over 45 years of music excellence, educating literally thousands of musicians helping them to become the best they can be. Mr. Kevin Gallagher and Mr. Jim Yowell are pleased and proud to offer a music class for everyone. We offer a Jazz Ensemble, two Concert Bands, Symphonic Band, String Orchestra, Chamber String Orchestra, Women's Choir, Chamber Singers Choir and are proud to offer an innovative Audio Production class to round out a full array of choices that fit everyone's needs. Music classes meet U.C.

requirements.



The Hillsdale music department is a place that works with everyone to help make their dreams a reality

A Typical Incoming 9th-Grade Student Schedule would look like this:

English World Geography Science Math PE

Band, Orchestra or Choir Additional Elective (Some choose a Foreign Language while others take another Music Elective) Most students when entering as a freshman love the program so much they see the value of continuing through their senior year. We find that most university programs are looking for

> not just the exceptional player or singer but someone who is dedicated to their high school program for all four years.

A typical concert schedule for the year would include:

Fall | Back to School Concert

Jazz Festival

Auditions for various local & state honor groups

Winter | Winter Concert

Community Outreach Concerts

New Year | Exchange Concerts

School Visitation Presentations

Pops Concert

Local & State Honor Group Performances

Spring | CMEA Festival Participation

Mini-Tour

Spring Concerts



Students always remember their time spent in the music department with fondness and pride. Their music class

in the end became the one class where they made true friends and felt that what they were able to accomplish went far beyond their expectations of themselves. We invite you to share in this experience and find a home with the Hillsdale Music Department.

Feel free to contact Kevin Gallagher at kgallagher@smuhsd.or or Jim Yowell at jyowell@smuhsd.org We look forward to having you in the program. You are in the right place - Welcome!



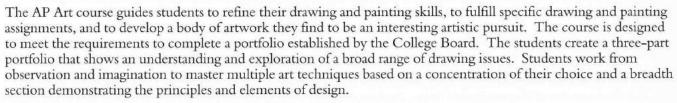


Art classes at Hillsdale are designed to provide a comprehensive program in Visual Arts. Our courses fulfill the one-year graduation requirement for the district and are approved for entrance into the State and UC systems. Art courses also fulfill elective requirements. All courses are two semesters in length and expose students to a broad spectrum of skills, techniques, concepts and cultural contexts important to literacy in the Arts, including the elements and principles of design. We provide classes in beginning, advanced and AP for students interested in the arts. Students intending to major in art in college should take 23 years of high school coursework.

In the art courses, students develop artistically through engagement with the Studio Habits of Mind, an educational learning framework for the arts developed by Project Zero at Harvard University. Students learn the Elements of Art and Principles of Design in the process of viewing, discussing and making art. As students plan, create and refine artwork, the role of artists as original thinkers, researchers and makers are explored.

Subject matter includes Classical, Modern and Contemporary Art; Popular Media and Concept Art; Portrait, Figure, Landscape and Still Life. Media includes graphite, ink, colored pencil, watercolor, marker, linocut printmaking, and paint. At the heart of the classes is the use of a sketchbook in which all student ideas will be explored, researched and developed.

In the Advanced Art classes, students develop and explore their artistic personal vision in a series of self-directed projects. After determining a central point of inquiry from which to grow their artistic practice, students develop skills in new media, explore and reinterpret the related work of other artists, and produce art that may be used in a professional AP or college portfolio.











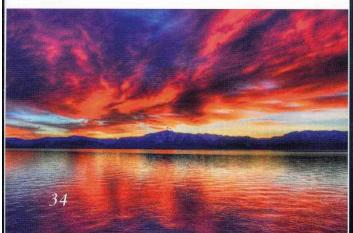
photography. Students use digital cameras to take, compose, manipulate & edit digital photos. Various camera settings are taught to offer greater creative and technical control. This course builds the foundation for visual literacy regarding both form and content of photographic images.

The elements and principles of design as they relate to photographic composition are emphasized. Students also learn to examine images

The elements and principles of design as they relate to photographic composition are emphasized. Students also learn to examine images critically and are introduced to lighting techniques for portraits and still lives in the lighting studio. Digital processing techniques are introduced using Adobe Photoshop and InDesign. Students learn to use strobes and light modifiers in the studio. Emphasis is placed on the creative and commercial aspects of studio portrait and still life photography. Successful completion provides a foundation for further study in the Advanced and AP Photography courses.

Advanced photography is designed for students who are seriously interested in the practical experience of art photography. At the end of each term, students will submit a portfolio. In building the portfolio, students experience a variety of concepts, techniques, and approaches designed to help them demonstrate their abilities as well as their versatility with techniques, problem solving, and ideation. The portfolio is developed within a concentration that investigates an idea of personal interest for each individual student. Students are introduced to new photographers, digital artists, and more sophisticated techniques as points of departure to create work that reflects that individual student's spirit and vision. By exploring photographic and digital media with the camera and computer, students will be able to develop a body of work that reflects a range of problem solving and ideation, and develops versatility with techniques to demonstrate their abilities. Students will research, have class critiques, and individual critiques that will inspire them as they create.

The AP course is for students who are seriously interested in the practical experience of the art of photography and wish to develop mastery in the concept, composition, and execution of their ideas. AP Photo is not based on a written exam; instead, students submit portfolios to the AP Board at the end of the school year. In building the portfolio, students experience a variety of concepts, techniques, and approaches designed to help them demonstrate their abilities as well as their versatility with techniques, problem solving, and demonstration of the principals of design. Students develop a body of work for the Concentration section of the portfolio that investigates an idea of personal interest to them and a body of photos in their Breadth section that emphasizes mastery of the principles of design. The portfolio is due in May.





HILLSDALE Visual & Performing Arts Performances & Exhibitions

Celebrating over 50 years of excellence in arts education

SEPTEMBER

23 - Back to School Concert - All Groups, 7pm, Main Gym

26 & 28 - Improv Squad Auditions, 4-7pm

OCTOBER

13 - Sonoma State Jazz Festival – All Day

21 - Pep-Band Football game at HHS, 6:15pm

27 - 30 - SCHOOL OF ROCK Performances

NOVEMBER

4 - Pep Band Football game at Aragon, 6:15pm

4 - Dance performs at Homecoming half time

9 - Youth Playwriting Project Show - Little

18 - CSM Jazz Festival - All Day

DECEMBER

2 - Double Exposure Jazz Concert, 7 pm Aragon

2 - Dance performs at 'Deck the Halls' - Davis Symphony Hall

2 & 3 - Improvapalooza - Little Theater, 7pm

8 - Choirs and Orchestras Winter Concert, 7pm

9 - Bands and Special Guest Winter Concert,

13 - Beginning Dance Showcase

JANUARY

12-13 - Spring Play Auditions, Little Theater, 3:15pm

20-21 - CMEA Jazz Festival at AHS, time/day TBA

28 - Folsom Jazz Festival - tentative

FEBRUARY

3 - Jazz Band/Orchestra Mini Tour to Elementary and Middle Schools

3 - Dance performs at Basketball half time, 7pm

3 - Improv Olympics - Aragon HS Theater, 7pm

4- Improv Olympics - HHS Little Theater, 7pm

10 - Dance performs at Basketball half time, 7pm

MARCH

9-12-SPRING PLAY Performances

10 - Art Show Opening - Neologian Gallery,

11 - 24 - Art Show - Neologian Gallery, San Mateo

16, 17, 18, 19 - Music Department Tour to southern California - All Groups

hhs.schoolloop.com/vpa

APRIL

13-14 Student Directed One Acts - Little Theater,

21 - Incoming Orchestra Student Auditions, 9-Noon

22 - Incoming Band Student Auditions, 9-Noon

26 - Previews for KNIGHT MOVES

27th - 29th - KNIGHT MOVES Dance Concert, 7pm 28 - TBD - Chamber String Orchestra CMEA Festival

MAY

Performance

5 & 6 - Spring Improv Show - Little Theater, 7pm

8 - Intermediate/Advance Drama Auditions, 3:30pm

TBA - CMEA Band and Orchestra Festival

11 - Choirs and Jazz Ensemble End of the Year Concerts, 7pm

12 - Bands and Orchestras End of the Year Concerts, 7pm

13 - Drama Awards - Little Theater, 11am

23-24 - Senior Choreography Showcase

Be Inspired!

Hillsdale Athletics



Home of the Fighting Knights 2016-2017

Please Visit Us At: hillsdaleathletics.com
Please Follow Us On Twitter: https://twitter.com/hhsKnights

From the Athletic Director



W elcome to Hillsdale Athletics! My name is Brett Stevenson and I am the athletic director at Hillsdale High School. Over 600 Hillsdale students compete in athletics at Hillsdale. At Hillsdale, we try to provide a rigorous academic and athletic experience for our students.

Hillsdale competes in the highly respected Peninsula Athletic League. The PAL is comprised of three power divisions: Bay, Ocean and Lake. The PAL Bay division is considered the top division in the Peninsula Athletic League and is one of the most respected leagues in the Central Coast Section. Thirteen of our seventeen sports programs compete in the PAL Bay division.

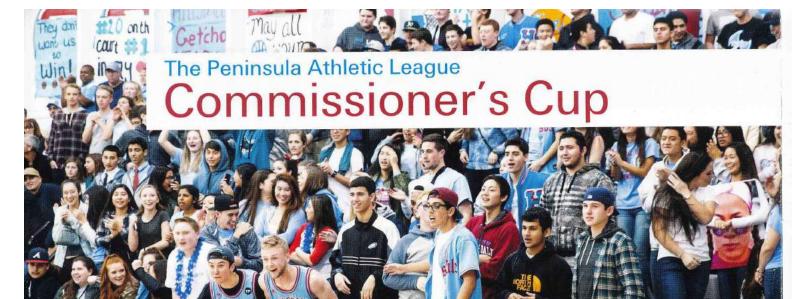
In the last ten years, Hillsdale and the San Mateo Union High School District have invested millions of dollars to create the very best athletic facilities. We have built a brand new second gymnasium, aquatics center, weight room and have added two new turf fields. In addition, Hillsdale has completely remodeled our stadium, track, baseball complex and weight room

while installing brand new scoreboards in all venues. This year, Hillsdale is excited to install permanent lights at Rich Mazzoncini Stadium.

In closing, we believe that participation in high school sports is a critical piece to the student's overall development, experience and success during their four years at Hillsdale. Our athletics philosophy attempts to reflect the vision of our school where student athletes feel connected to a coach, who is also a mentor. Our student athletes also feel connected to a team comprised of fellow student athletes working towards a common goal. Our Hillsdale coaching staff works tirelessly to create an athletic experience where students feel challenged, connected and supported. I feel honored to work with these amazing coaches and students in building one of the top public school athletic programs on the Peninsula. Go Knights!

Brett Stevenson, Athletic Director bstevenson@smuhsd.org





2012-13 Standings 2015-16 Standings 2008-09 Standings 1. Menlo Atherton: 299 1. Menlo Atherton: 278 1. Menlo Atherton: 254 2. Burlingame: 256 2. Carlmont: 259 2. Burlingame: 252 3. Aragon: 242 3. Carlmont: 227 3. Aragon: 245 4. Carlmont: 231 4. Aragon: 202 4. Burlingame: 239 5. Hillsdale: 212 5. Woodside: 190 5. Sequoia: 203 6. Mills: 176 6. Seguoia: 209 6. Terra Nova: 173 7. Terra Nova: 173 7. Woodside: 197 7. Mills: 173 8. Halfmoon Bay: 188 8. Halfmoon Bay: 162 8. Halfmoon Bay: 166 9. Mills: 186 9. San Mateo: 149 9. Woodside: 161 10. San Mateo: 140 10. Capuchino: 153 10. Westmoor: 132 11. San Mateo: 141 11. Seguoia: 127 11. Hillsdale: 139 12. Terra Nova: 141 12. South SF: 121 12. Westmoor: 125 13. Hillsdale: 110 13. El Camino: 107 13. Westmoor: 111 14. South SF: 105 14. South SF: 101 14. El Camino: 107 15. Capuchino: 77 15. Capuchino: 100 15. El Camino: 74 16. Jefferson: 60 16. Oceana: 43 16. Oceana: 30 17. Oceana: 25 17. Jefferson: 40 17. Jefferson: 23

The Commissioner's Cup is awarded annually to the Peninsula Athletic League school that best exemplifies the league's commitment to sportsmanship and excellence in athletics. Points are awarded to each varsity team in each sport that they participate in, by the order of finish in league play.

Five sportsmanship bonus points are awarded to schools that complete a season of sport without any player or coach ejections on any of their teams at any level. (Hillsdale was one of two schools with zero ejections in 2015–16.) Schools are penalized one point for each

coach or player ejection at any level during the season.

The Fighting Knights are clearly on the move in the PAL!







Hillsdale Football: Our football program is led by head coach and PE/Health teacher Mike Parodi. The football team captured the 2015 PAL Ocean Championship and advanced to the CCS DIVISION IV Championship Game. This year, Hillsdale will compete in the PAL Bay Division.

Hillsdale Volleyball: Our volleyball program is led by head coach Dwight Crump. The volleyball program continues to be a force in the local volleyball scene and has been a long standing member of the PAL Bay Division.

Hillsdale Water Polo - Boys: Our men's waterpolo program is guided by Hillsdale alum Renato Hodzic. The waterpolo program had a great 2015 season and captured the PAL Ocean Championship and advanced to the Central Coast Section Playoffs! Our men's waterpolo program will compete in the PAL Bay Division this year.

Hillsdale Water Polo - Girls: Our women's waterpolo program is led by long time Hillsdale teacher, Mike Busser. The waterpolo program captured a PAL Ocean Championship in 2014.

Hillsdale Tennis-Girls: Our Women's tennis program is arguably one of the top tennis programs in the PAL. Head coach Jackie Natchtigall is our longest tenured varsity coach and has captured PAL Bay titles while mentoring some of the top tennis players in CCS. Hillsdale tennis competes in the PAL Bay division.

Hillsdale Cross Country: Led by second year coach Kevin Moore, our cross country program has been one that is on the move in the PAL South. Cross Country is a sport that does not make cuts and is great at developing runners!

Hillsdale Golf - Girls: Hillsdale Girl's Golf is guided by veteran coach and teacher David Godoy. The women's golf program had a great 2015 season and has advanced to the PAL Bay Division in 2016!

Hillsdale Cheer: Hillsdale cheer is one of the fastest growing sports at Hillsdale. Led by the return of coach Stephanie Marcone, Hillsdale cheer has over fifty student athletes participating in this yearlong sport.

Winter Sports

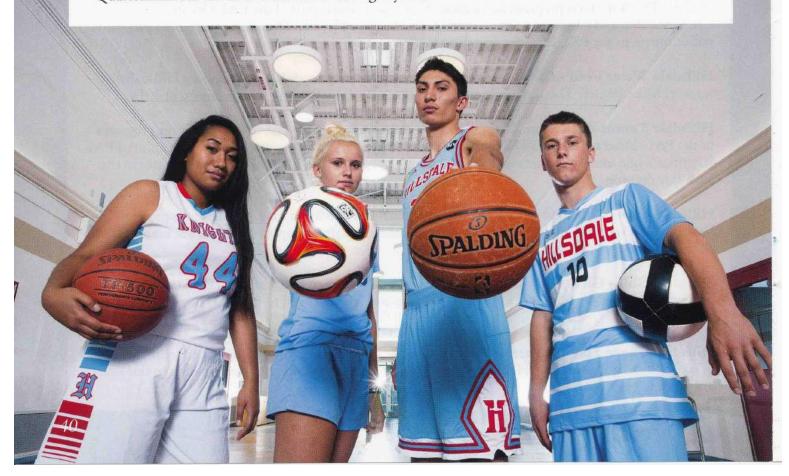
Soccer - Girls: Our Hillsdale women's soccer program is led by second year varsity coach Jessie Berta. Our women's soccer program continues to challenge in the PAL Bay division for the 2016 season.

Soccer - Boys: Our Hillsdale men's soccer program captured a PAL Ocean Championship in 2014. The soccer program is led by Hillsdale alum and second year head coach Chris Rodman. The soccer program trains year around and will compete in the PAL Ocean Division this year.

Basketball - Girls: Our Hillsdale women's basketball program is led by first year coach Arteivia Lilomaiava. The women's basketball program competes in the PAL South and advanced to the CCS Semifinals last season.



Basketball - Boys: Our Hillsdale men's basketball program is led by head coach, Brett Stevenson, who is entering his tenth year. The men's basketball program competes in the highly competitive PAL South and last year, Hillsdale defeated Aragon to advance to the CCS Quarterfinals for the sixth time in the last eight years.





Baseball: Hillsdale baseball is led by 4th-year head coach James Madison, who also serves as our strength and conditioning coach and runs our health office. The baseball program captured a PAL Ocean title in 2015 and now competes in the PAL Bay division.

Track and Field-Boys and Girls: Hillsdale Track and Field is led by veteran head coach Chris Chaika. Coach Chaika also serves as defensive coordinator on the football team and is our JV women's basketball coach. The track program has made tremendous strides in the PAL Ocean division under Coach Chaika's leadership.

Tennis - Boys: Hillsdale tennis is led by head coach Jackie Natchtigall. The men's tennis program competes in the PAL Bay division and has been a consistent presence in the CCS playoffs.

Swimming - Boys and Girls: The Hillsdale swim program has made great strides under the leadership of Thomsen Young. Sadly, Thomsen has accepted the head swim position at Riordan High School and we are trying to fill this important position. Our swim program competes in the PAL Bay division.

Golf - Boys: The men's golf program is led by veteran head coach Jon Ramirez. Coach Ramirez has guided the Knights to the PAL Bay division for the 2017 season. In addition, Hillsdale golf is now fielding a JV golf team which has allowed twice as many students to participate in the sport.

Badminton - Boys and Girls: The Hillsdale Badminton group is led by teacher and coach, David Godoy. Coach Godoy continues to increase participation in an emerging sport at Hillsdale. Hillsdale will compete in the PAL Ocean Division in 2017.

Volleyball - Boys: Led by head coach Dwight Crump, the Hillsdale men's volleyball completed their inaugural season in 2016 and look to continue to build this new sport at Hillsdale. Hillsdale volleyball competes in the PAL Bay Division.

Lacrosse: Hillsdale is excited to announce we will add Lacrosse in the Spring of 2018.

Hillsdale Strength & Conditioning Program

In the summer of 2014, the Fighting Knights were able to hire James Madison to develop a strength and conditioning program for the student athletes at Hillsdale. Thanks to the financial support of the Hillsdale Boosters, Alumni donations and corporate sponsorships, Hillsdale is now able to create sport specific workout programs designed to improve overall strength and conditioning throughout the year for our student-athletes.

As the program has grown we have also incorporated workouts that focus on specific physical skills (jumping, throwing, running, etc.). In addition, our workouts have a variety of training levels, exercise types, and speeds in which the workout is performed.

"Lifting has been good. I can feel myself getting stronger and it's helped me during games." Zach Dwyer

"It gave me an advantage going into basketball season because I felt very strong and was in great shape." ~Marissa Otonari

"A goal I set for myself was to improve my vertical. I have really noticed a big improvement with dunking and rebounding." Eric Bower

"I saw a big improvement in my footwork and my lower body stayed strong during my basketball season." ~Helena Vejvoda

"The program has helped my performance and confidence." ~Quan Nguyen



Coach Madison is also Head Varsity Baseball Coach



Strength and conditioning plays a strong role in the development of athletes. It is designed to develop muscular endurance, power, strength, speed, and agility. By improving these areas through a sport-specific workout program, an athlete can increase their sports performance and reduce the risk of injuries. in addition, these athletes are developing physical literacy and physical development.



"Hillsdale is very excited about what we've been able to accomplish so far with this program. The participation and interest continues to grow each year," states strength and conditioning coach James Madison. "Our goal is to keep every athlete motivated while providing a clear attainable path for helping them reach their athletic goals through strength and conditioning. We also aim to increase their knowledge about strength and conditioning so that they may continue to maintain strong and healthy bodies for the rest of their lives," concludes Madison.

Freshman Athletics

Hillsdale is proud to offer freshman basketball, baseball, volleyball and football. Freshman sports are not funded by the school district. Thanks to the Hillsdale Athletics Booster Club, Corporate Sponsors and our Alumni Sponsorship Campaign, Hillsdale raised \$15,000 dollars to support our four freshman teams!







Freshman Team Spotlight:



"The greatest power is often patience." Aside from being a famous quote used by many successful leaders, the Hillsdale Fighting Knights baseball program believes that giving our young athletes an appropriate amount of time to develop their character, fundamentals, and physical strength is essential to us moving forward successfully.

For the 2016 baseball season the Fighting Knights took on the challenge of adding a freshman team to our program. One of the motivators behind adding another team was that we had been forced to cut a large number of freshmen and sophomore players from our junior varsity program in years past. Given the amount of talented young baseball players in the San Mateo and Foster City communities, this did not sit right with our program.

When most freshmen baseball players arrive at the high school level, they are physically underdeveloped, their communication skills are still improving, and their attention spans are very short. The transformation that a high school baseball player can make from year to year is remarkable if they put in the work, and are given the opportunity develop in your program. We believe that our freshmen baseball team gives us the ability to be patient while keeping good young baseball players in our program, developing their talents, and taking satisfaction in watching them grow into competitive varsity baseball players.

Matt Springman, our head freshman baseball coach and history teacher, expressed his take of our freshmen team after the completion of the 2016 season; "We started out slow, but we were able to find ourselves mid-season. We started winning games, and playing very competitive games." When I asked Coach Springman if he felt that keeping the freshman team would benefit our program in the future, he enthusiastically responded, "Yes, giving them more time to develop their skills really paid off this year. After coaching them for a full season, I know that some of these guys will end up playing for you at the varsity level."

Finally, the baseball program would like to thank our Athletic Director Brett Stevenson, The Hillsdale Athletic Boosters, our maintenance team, and the Hillsdale Administration. If not for Mr. Stevenson's vision and support, the Athletic Boosters who funded freshmen baseball, our maintenance team who built us an addition practice infield, and support from our Administration none of this would have been an option.

Coach James Madison

Hillsdale Traditions: Softball

Hillsdale softball has had four pitchers go on to play at the division I level



The Hillsdale High school softball program has had a winning tradition for many years. They have remained one of the top teams in the Central Coast Section for decades. One of the top reasons for this is the dominant pitchers that have gone through the program. Since 1980, Hillsdale softball has had 4 pitchers that have gone on to play at the division 1 level.

Karen Athanacio (1981-1984) Karen was a San Mateo County prep softball pioneer. In the early 1980s, she became the first in a long line of local fast-pitch specialists who dominated hitters with year-in-year-out regularity. Athanacio, produced an overall, four-year 89-9 record as a prep. Her Hillsdale teams won two Central Coast Section softball championships. She was so predictably fast - and her pitches moved around with such startling ease - that no-hitters were common for her. Shutouts were the norm. She later attended Texas A&M on a softball scholarship. Karen was inducted into the San Mateo County Sports Hall of fame in 1996.

Maureen Brady (1988-1991) Maureen set the standard for San Mateo County softball pitchers. As a 4 year varsity player the Hillsdale High School Phenom compiled a state- best 116-9 career record from 1988-91. She tossed 69 shutouts and had 29 no-hitters and 14 perfect games. Maureen was the CCS player of the year and California state player of the year during her junior year and guided Hillsdale to two Central Coast Section titles. Later, at Fresno State University, she became an All American. She led the U.S. in wins with 36 in her junior year. In her final season at FSU, she was named the school's Athlete of the Year. Maureen was in inducted into the San Mateo County Sports Hall of fame in 2009.

Jordan Richwood (2008–2011) Jordan was a 4 year varsity player and led the Knights to their first Peninsula Athletic League Bay Championship in 18 years in 2010 and again in 2011. She was named the Daily Journal Player of the Year in 2010 and 2011 and The Central Coast Section Player of the Year in 2011. She was also named to the all-state team in 2010 and 2011. Jordan was a three-time Peninsula Athletic League Bay Pitcher of the Year and San Mateo County Pitcher of the Year and four-time Hillsdale High MVP. As a senior, Jordan had a 0.59 ERA with 309 strikeouts in 165 innings pitched, opposing players hit just .094. Jordan went on to play at University of Memphis on a softball scholarship.



Eryn McCoy (2013-2016) Eryn was a 4 year varsity player. She led the Knights to a co-championship in the Bay division in 2015 and a Bay championship in 2016. In her 4 year career at Hillsdale Eryn produced a record of 67-17. In 489 innings pitched she had 459 strikeouts and only 62 walks. Eryn was 1st team all league all 4 years at Hillsdale. Her junior and senior year she was named the PAL Bay division Pitcher of the year. She was also the San Mateo county Pitcher of the Year in 2016. Eryn pitched 2 no hitters and 24 shut outs in her 4 years at Hillsdale. Eryn committed to playing softball at St. Mary's college in Moraga.

Hillsdale Traditions: Football

The Hillsdale Football Program is a long-standing tradition



The Hillsdale Fighting Knights Football Program is a long-standing tradition at Hillsdale.

The Knights are coming off an 11-2 season that included a spot in the Central Coast Section Division IV Championship game. This year the football team moves up to the PAL Bay division which is one of the top leagues in the Bay Area. This comes on the heels of winning the PAL Ocean league title in 2015. The future is bright and the Knights are up for the challenge.

The program has been successful for many reasons. Thanks to the financial support of the Athletic Booster Club, Alumni donations and and corporate sponsors, Coach Parodi has been able to assemble an outstanding group of assistant coaches to lead the young men on and off the field. "These coaches



come with many successful years of playing and coaching experience at the high school, college, and professional levels," adds Parodi. "Now that we have additional funding to hire assistant coaches, this has been a tipping point for our program."

Coach Parodi shared that the rivalry game with Aragon, called the Battle of the Fleas, has brought momentum to the football program by defeating Aragon the last two years. "When Hillsdale and Aragon square off, it is a highlight for the kids in our program. The stands are packed and everybody appreciates the history and tradition of the game!" This year, the game will be played at Aragon on November 4th at 7:00pm. "This year's game with Aragon is a big one, because now we are both in the Bay division," states Parodi.

In closing, Coach Parodi is proud to be part of the Hillsdale tradition. "I was able to talk with Coach Dick Vermeil at our Hillsdale Hall of Fame event last year, which was an amazing experience. But what was most impressive, is here is Coach Vermeil, former teacher and football coach at Hillsdale who went on to coach the St. Louis Rams and Philadelphia Eagles to the Super Bowl, describing highlights from the great Hillsdale versus Aragon games of the 60's," notes Parodi.

Hillsdale Football is at the top and still rising. Come be a part of the ascension and history of the Hillsdale Fighting Knights Football Program! GO KNIGHTS!!!



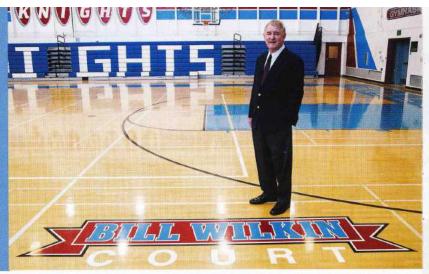
Senior Matt Roloff holds the Battle of the Fleas Plaque



Former Hillsdale Football Coach and Super Bowl Coach Dick Vermeil with current Head Football Coach Mike Parodi

Hillsdale Traditions: Basketball

Basketball alum Nick Vanos and former head coach Bill Wilkin elected to Hillsdale Hall of Fame



Legendary Head Basketball Coach Bill Wilkin

Hillsdale basketball alum Nick Vanos and former head basketball coach Bill
Wilkin were elected to the school Hall of Fame last April. The Hillsdale basketball family turned out at the Hall of Fame induction ceremony to pay tribute to these two great individuals.



Isaiah Cozzolino

Nick Vanos was a 3 year varsity starter at Hillsdale where he holds the single game scoring record (51 pts), was twice the CCS leading scorer, and twice the SM County Player of the Year. Nick then attended Santa Clara University where he fashioned a stellar career, twice being named 1st team all league and invited to the 1984 Olympic Basketball Trials. In 1985, Nick was chosen by the Phoenix Suns as the 2nd pick of the 2nd round, and was projected to be the Sun's starting center for the 1988 season. Tragically, following the 1987 season, Nick was killed in an airliner crash at the age of 24. Nick has been widely recognized for his outstanding character and athletic ability, and has been inducted into the Santa Clara University and SM County Athletic Halls of Fame, and had his jersey retired both at Santa Clara and Hillsdale. Each year, the basketball program awards its top junior with the Nick Vanos Award. Isaiah Cozzolino was the 2016 recipient of the Nick Vanos award and will wear #32 in honor of Nick Vanos.

Bill Wilkin began a distinguished career at Hillsdale following graduation from Capuchino HS

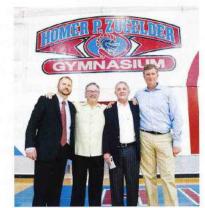
and Utah State University. He served as a Physical Education Teacher, Athletic Director and Varsity Basketball Coach. Over

30 years as Varsity Basketball Coach, his teams won 493 games, captured 8 league titles, were CCS runnerups in '86-'87, and champions in '95 and '97. The '97 team was the Northern California Champion and finished as California Division III runner-up. Bill was named CCS Coach of the year in 1989, was inducted into the San Mateo County Sports Hall of Fame in 2006 and has been honored by Hillsdale's naming of the "Bill Wilkin Court". Bill coached both of his successors and is respected as a true gentleman who coached "the Hillsdale way".



Members of the 1997 Hillsdale Basketball Team who won the CCS and Norcal Championship and lost in the state title game. Pete Pontaq, Travis Kertel, Coach Wilkin, Arjuna Manning-Laisne, Andrew Houston

"I feel blessed to have had the opportunity to play for Coach Wilkin," said Brett Stevenson, current head varsity basketball coach. "The fact that there have been only five varsity head basketball coaches in the history of the school indicates a strong tradition and guaranteed continuity. Sadly, I never got to meet Nick Vanos, but of course, you hear the great stories. Fortunately, I am able to coach at Hillsdale with Nick's brother Peter, who has been an amazing addition to our staff."



Current Head Coach Brett Stevenson, Former Head Coach Randy Metheany, Hall of Fame Former Head Coach Bill Wilkin and Current Assistant Coach Peter Vanos standing in Homer P. Zugelder Gymnasium. Paul Armstrong was the first head basketball coach in the history of the school and the legendary Homer Zugeler was the second basketball coach and arguably the best ever to coach at Hillsdale.

Hillsdale Athletic Booster Club

The Athletic Boosters is an all-parent volunteer organization benefitting all athletes across all sports at Hillsdale High School. Through a number of athletic-oriented social events, participation donations, generous sponsorship and volunteer activities throughout the year, the Athletic Boosters raises and spends more than \$60,000 annually to supplement the athletic department budget and provide critical programmatic and infrastructure needs not covered by district funding.

Recent support of the athletics department include funding of Freshman Sports, New Scoreboards, All new gym equipment, Endurance Equipment, Strength and Conditioning Coach, JV Golf Team, Varsity

Assistant Coaching Stipends, Parent Coaching Legacy Program, Coaching Professional Development, BAOSN (Bay Area On-line Sports Network), Tony Cecil award, Athletics Website and so much more.

The Athletic Boosters meets the first Tuesday of every month at 7:00 -8:00 pm in Room 210 at HHS. For more information on how you can support the Athletic Boosters, contact Clinch Fuentes at clinchfuentes@yahoo.com.





Clinch Fuentes (President), Joe Fernando (Vice-President), Lizette Solis (Treasurer), Barbara Blundell (Secretary)

Committee Chairs:

Jim Dwyer (Participation Donations), Cassandra Fuentes and Allison Gianinni (Apparel), Lucy and June White (Concessions), Gina Vallee (Sponsorship), Clinch Fuentes and Denise Iskander (Golf Tournament), Nicole Donegan (Public Relations)

For more information on how you can support the Athletic Boosters, contact Clinch Fuentes at clinchfuentes@yahoo.com

A Special Thank You To Our Amazing Corporate Sponsors Who Supported Our Athletic Excellence Campaign







KAREN DOHERTY 650-245-9905



Jim Dwyer 650-592-3957









800 Serramonte Blvd. StewartCars.net 650-994-9800



Athletic Booster Golf Tournament

The Hillsdale Athletics Boosters put on an annual golf tournament in October.

The event is a great opportunity for alumni and friends of Hillsdale to compete in a friendly tournament with current students, coaches and faculty.

The past several years the event has been held at Crystal Springs Golf Course in Burlingame. The event has over 100 players of all ages and abilities and is a great way to support the Athletics Boosters.

Information on current and future golf tournaments as well as other Athletics Boosters information can be found at http://hillsdaleathletics.com/athletic-boosters/.

Because of your donations we collected \$21,000. These funds specifically went to:

Freshman Sports, a JV Golf Team, a Strength & Conditioning Trainer, Assistant Coach Stipends, Tennis (mini coach cart & ball hopper) Coaching Legacy Workshops, Coaching Professional Development, Tony Cecil Athletic Award, a viable presence on BAOSN - online sports network, additional Weight Room Equipment (Speed & Endurance), Band Instructor for Varsity Basketball Games, and a Baseball field tarp.



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